SPECIFIC ANTAGONISTS FOR GLUCOSE-DEPENDENT INSULINOTROPIC POLYPEPTIDE (GIP)

Field of the Invention

This invention is directed to specific antagonists of glucose-dependent insulinotropic polypeptide (GIP). This invention is also directed to treatment of non-insulin dependent diabetes through increasing glucose tolerance without requirement for increased serum insulin, the treatment of obesity by the administration of a GIP antagonist, the development of nonpeptide GIP antagonist compounds, and compositions.

Background

Insulin release induced by the ingestion of glucose and other nutrients is due part to both hormonal and neural factors (Creutzfeldt, et al., 1985, *Diabetologia* **28**:565-573). Several gastrointestinal regulatory peptides have been proposed as incretins, the substance(s) believed to mediate the enteroinsular axis and that may play a physiological role in maintaining glucose homeostasis (Unger, et al., 1969, *Arch. Intern. Med,* **123**:261-266; Ebert R., et al. 1987, *Diab. Metab. Rev.,* **3**:1-16; Dupré J., 1991, "The Endocrine Pancreas." Raven Press, New York, p 253). Among these candidates, only glucose-dependent insulinotropic polypeptide (GIP) and glucagon like peptide-1 (7-36)(GLP-1) appear to fulfill the requirements to be considered physiological stimulants of postprandial insulin release (Dupré, et al. 1973, *J. Clin. Endocrinol. Metab.,* **37**:826-828; Nauck, et al., 1989, *J. Clin. Endocrinol. Metab.,* **69**:6540662; Kreymann, et al. 1987, *Lancet,* **2**:1300-1304; Mojsov, et al., 1987, *J. Clin. Invest.,* **79**:616-619).

Following oral glucose administration, serum GIP levels increase several fold (see Cleator, et al., 1975, *Am. J. Surg.,* **130**:128-135; Nauck, et al. 1986, *J. Clin. Endocrinol. Metab.,* **63**:492-498; Nauck, et al., 1986, *Diabetologia,* **29**:46-52; Salera, et al., 1983, *Metabolism,* **32**:21-24; Kreymann, et al., 1987, *Lancet,* **2**:1300-1304), and although the

increment in plasma GLP-1 concentration in response to glucose is also significant, it is far smaller in magnitude (Kreymann, et al., 1987, *Lancet*, **2**:1300-1304; Ørskov, et al., 1987, *Scand. J. Clin. Lab. Invest.*, **47**:165-174; Ørskov, et al., 1991, *J. Clin. Invest.*, **87**:415-423; Shuster, et al., 1988, *Mayo Clin. Proc.*, **63**:794-800). In human volunteers, Nauck *et al.*

5   (1993, *J. Clin. Endocrinol. Metab.*, **76**:912-917) showed that GIP was a major contributor in the incretin effect after oral glucose, whereas GLP-1 appeared to play a major role. Shuster *et al.* (1988) also suggested that GIP was the most important, but not the sole, mediator of the incretin effect in humans.

Some studies have demonstrated that GIP and GLP-1 are equally potent in their

10   capacity to stimulate insulin release (Schmid, et al., 1990, *Z. Gastroenterol.*, **28**:280-284; Suzuki, et al., 1990, *Diabetes*, **39**:1320-1325), whereas others have suggested that GLP-1 possesses greater insulinotropic properties (Siegel, et al. 1992, *Eur. J. Clin. Invest.* **22**:154-157; Shima, et al. 1988, *Regul. Pept.*, **22**:245-252). Recently, using a putative specific antagonist to the GLP-1 receptor, exendin (9-39), Wang *et al.* have demonstrated that

15   exenden reduced postprandial insulin release by 48% and thus concluded that GLP-1 might contribute substantially to postprandial stimulation of insulin secretion (Wang, et al. 1995, *J. Clin. Invest.*, **95**:417-421). More recent studies, however, have shown that exendin might also displace GIP binding from its receptor and thereby reduce GIP-stimulated cyclic adenosine monophosphate (cAMP) generation (Wheeler, et al. 1995, *Endocrinology*,

20   **136**:4629-4639; Gremlich, et al. 1995, *Diabetes*, **44**:1202-1208). Therefore, the antagonist properties of exendin (9-39) might not be limited to GLP-1.

The availability of a GIP-specific receptor antagonist would be invaluable for determining the precise roles of these peptides in mediating postprandial insulin secretion.

25   **Summary of the Invention**

It is an object of this invention to provide specific antagonists of glucose-dependent insulinotropic polypeptide (GIP).

It is another object of this invention to provide alternative methods for treatment of non-insulin dependent diabetes which increase glucose tolerance without requirement for

30   increased serum insulin, for treatment of obesity with a GIP antagonist which inhibits, blocks or reduces glucose absorption from the intestine of an animal, and for development of nonpeptide GIP antagonist compounds.

In one embodiment, this invention provides an antagonist of glucose-dependent insulinotropic polypeptide (GIP) consisting essentially of a 24-amino acid polypeptide corresponding to positions 7-30 of the sequence of GIP.

In another embodiment, this invention provides a method of treating non-insulin dependent diabetes mellitus in a patient comprising administering to the patient an antagonist of glucose-dependent insulinotropic polypeptide (GIP).

In yet another embodiment, this invention provides a method of improving glucose tolerance in a mammal comprising administering to the mammal an antagonist of glucose-dependent insulinotropic polypeptide (GIP).

Using a reporter L-cell line stably transfected with rat GIP receptor cDNA (LGIPR2), the inventors have identified a fragment of GIP [GIP (7-30)-NH₂] as a specific GIP receptor antagonist. This antagonist (referred to as ANTGIP) inhibited GIP-stimulated intracellular cAMP production *in vitro*, and ANTGIP competed with GIP for binding to cellular receptors, but did not complete with GLP-1. ANTGIP inhibited the GIP-dependent release of insulin *in vivo*, but ANTGIP had no effect on glucose-, GLP-1-, GIP-, and arginine-induced insulin release in anesthetized rats. In conscious rats, ANTGIP inhibited postprandial insulin release, without significantly affecting the serum glucose concentration. However, despite its inhibiting effect on insulin release, ANTGIP has been discovered to enhance glucose tolerance in an oral glucose tolerance test.

Brief Description of the Figures

Figure 1A and 1B show cAMP-dependent β-galactosidase production by LGIPR2 cells in the presence of GIP or various GIP fragments.

Figure 2 shows dose-dependent inhibition of ANTGIP on GIP-included cAMP-dependent β-galactosidase production in LGIPR2 cells.

Figure 3 shows competition of ^{125}I-GIP and ^{125}I GLP-1(inset) binding by GIP, GLP-1 and ANTGIP.

Figure 4 shows plasma insulin concentrations (±SE) in fasted anesthetized rats after 30 min of GIP, ANTGIP, or 0.9 NaCl infusion.

Figure 5 shows plasma insulin concentrations (±SE) in fasted anesthetized rats after a 30-min infusion of GLP-1 (0.4 nmol/kg), glucose (0.8 g/kg), or arginine (375 mg/kg) with (open bars) or without (solid bars) ANTGIP (100 nmol/kg) (n=6 for each group).

Figure 6 shows postprandial plasma insulin and serum glucose levels (±SE) in conscious trained rats.

Figure 7 shows plasma insulin level following oral glucose administration to rats with or without ANTGIP injection. (SEQ ID NO:8)

Figure 8 shows plasma glucose level following oral glucose administration to rats with and without ANTGIP injection. (SEQ ID NO:8)

Figure 9 shows the effects of the GIP receptor antagonist, ANTGIP, on the (SEQ ID NO:8) absorption of free D-glucose from the lumen of the jejunal test segment.

Detailed Description of the Invention

(SEQ ID NO:11 and SEQ ID NO:12)

Glucose-dependent insulinotropic polypeptide (GIP) is 42-amino acid hormone that was originally described as a inhibitor of acid secretion. More recently, however, it has been shown to be potent stimulant for the release of insulin from the endocrine pancreas.

The inventors have confirmed previous studies (Rossowski, et al., 1992, *Regul. Pep.*, 39:9-17) indicating that truncated GIP [GIP (1-30)-NH$_2$] might be one of the biologically (SEQ ID NO:1 and SEQ ID NO:7) active forms of mature GIP. As shown in Figure 1, GIP (1-30)-NH$_2$ was nearly equipotent to (SEQ ID NO:1 and SEQ ID NO:7) GIP (1-42) in stimulating cAMP dependent β-galactosidase production in LGIPR2 cells. (SEQ ID NO:11 and SEQ ID NO:12)

These findings are consistent with the observations of Wheeler, *et al.* (1995), reported that both GIP(1-42) and GIP(1-30) exhibited similar stimulatory properties for cAMP production (SEQ ID NO:11 and SEQ ID NO:12) in COS-7 cell transiently expressing GIP receptor cDNA. Moreover, Kieffer *et al.* (1993, (SEQ ID NO:1 and SEQ ID NO:7) *Can. J. Physiol. Pharmacol.*, 71:917-922) found that GIP (1-30) competitively inhibited (SEQ ID NO:1 and SEQ ID NO:7) binding of GIP (1-42) to the GIP receptor in βTC3 cells. These data suggest the possibility of (SEQ ID NO:11 and SEQ ID NO:12) cellular processing of GIP (1-42) to yield biologically-active α-amidated GIP (1-30). (SEQ ID NO:1 and SEQ ID NO:7)

Physiological effects of GIP antagonists

Insulin release induced by the ingestion of glucose and other nutrients is due in part to both hormonal and neural factors (see, e.g., Creutzfeldt, et al., 1985). Although a number of gastrointestinal regulatory peptides have been proposed as putative incretins, GIP and GLP-1 are the most likely physiological insulinotropic peptides. Although both GIP and GLP-1 possess significant insulinotropic properties, controversy exists regarding their relative physiological roles in stimulating insulin release.

Using a GLP-1 receptor antagonist exendin (9-39), Wang *et al.* (1995) detected a 50%
decrease in postprandial insulin secretion in exendin-treated rats. Administration of exendin
also reduced 70% of insulin release following intraduodenal glucose infusion (Kolligs, et al.,
1995, *Diabetes*, **44**:16-19). Recent studies, however, have demonstrated that exendin also
displaced GIP binding from its receptor, and inhibits cAMP generation in response to GIP
stimulation (Wheeler, et al. 1995; Gremlich, et al. 1995). Therefore, the antagonist properties
of exendin do not appear to be GLP-1 specific.

Successful synthesis by the present inventors of a specific GIP receptor antagonist
greatly facilitates investigation of the relative contribution of GIP in mediating the
enteroinsular axis. The GIP fragment ANTGIP [GIP (7-30)-NH₂] specifically inhibits various (SEQ ID NO:2 and SEQ ID NO:8)
GIP-dependent effects. In LGIPR2 cells, ANTGIP inhibited the cAMP response to GIP in a (SEQ ID NO:8)
concentration-dependent manner (see Figure 2), and in βTC3 cells, the antagonist displaced
GIP binding from its receptor (see Figure 3). Furthermore, ANTGIP completely abolished the (SEQ ID NO:8)
insulinotropic properties of GIP in fasted anesthetized rats, while not affecting GLP-1,
glucose-, or arginine-stimulated insulin release indicating that this antagonist is GIP-specific.
ANTGIP alone demonstrated no stimulatory effect on insulin release or cAMP generation in (SEQ ID NO:8)
either intact rats or LGIPR2 cells, indicating the absence of any agonist properties. Studies
demonstrated that even at a concentration as high as 10^{-4} M, ANTGIP did not stimulate a (SEQ ID NO:8)
detectable increase in cAMP-dependent β-galactosidase level in LGIPR2 cells.

The inventors have observed a 72% decrease in postprandial insulin release in response
to the administration of ANTGIP to rats. ANTGIP did not affect GLP-1 binding to its (SEQ ID NO:8)
receptor, and the insulinotropic effect of GLP-1 is preserved *in vivo* in the presence of
ANTGIP. Furthermore, postprandial GLP-1 levels were not affected by ANTGIP. These (SEQ ID NO:8) (SEQ ID NO:8)
findings are consistent with a dominant role for GLP in mediating the enteroinsular axis.

Wang *et al.* demonstrated an approximate 50% reduction in postprandial insulin levels
in exendin-treated rats, whereas plasma glucose levels increased minimally from 7.5 to 8.7
mmol/l. The physiological significance of this minor increment in glucose level was not clear
to Wang, et al. The inventors found that serum glucose concentrations remained largely
unchanged despite a marked decrease in serum insulin levels in ANTGIP-treated rats. The (SEQ ID NO:8)
results of the present study are consistent with the notion that insulin is not the sole mediator
of glucose homeostasis, but that glucose maintenance is dependent on numerous
neurohumoral factors. These factors include hormones, such as pancreatic glucagon, cortisol,

and growth hormone, and physiological events, including peripheral and hepatic glucose
uptake.

(SEQ ID NO: 2 and SEQ ID NO: 8)

The results of the present studies demonstrate that GIP (7-30)-NH$_2$ is a specific

(SEQ ID NO: 2 and SEQ ID NO: 8)

receptor antagonist of naturally occurring GIP. GIP (7-30)-NH$_2$ inhibits GIP-induced cAMP

generation and insulin release, but does not affect the insulinotropic effects of other

secretagogues such as glucose, arginine, and GLP-1. Furthermore, circulating insulin levels

(SEQ ID NO: 2 and SEQ ID NO: 8)

decreased by 72% in response to the concomitant administration of GIP (7-30)-NH$_2$ to chow-

fed rats, indicating that GIP plays a dominant role in mediating postprandial insulin secretion.

(SEQ ID NO: 2 and SEQ ID NO: 8)

Strikingly, although GIP (7-30)-NH$_2$ reverses the insulin stimulatory properties of the

parent compound, when the GIP antagonist was administered to rats (injected

intraperitoneally), oral glucose tolerance was improved: a significant decrease in serum

glucose levels was detected at all time points in all rats. In addition, plasma insulin levels were

also diminished in these same rats. These results are surprising -- with the decrease in insulin

release, one would expect an increase in serum glucose. However, GIP has several other

peripheral effects which may include an affect of GIP on peripheral glucose utilization, and the

decrease in serum glucose levels seen with GIP might be due to such an effect.

The effect of GIP antagonists on serum glucose levels in the absence of increased

serum insulin suggests their use in patients with noninsulin dependent diabetes mellitus

(NIDDM). With the aging of the United States population, an increase in the number of cases

of NIDDM has been predicted. In the past forty years, very few new forms of therapy for this

most prevalent disease have been developed. GIP antagonists enhance tolerance to oral

glucose, as demonstrated herein, and therefore treatment of NIDDM patients with these

compounds is indicated.

GIP Antagonists

A GIP antagonist according to this invention is any composition which interferes with

biological action of GIP. Such compositions include antibodies specific for either GIP or GIP

receptors, antisense RNA which hybridizes with mRNA encoding GIP or GIP receptor, or

other genetic controls which knock out expression of GIP or GIP receptor. GIP antagonists

also include peptides or other small molecules which bind to the GIP receptor and block the

cAMP response to GIP. Suitable assays for antagonist activity are exemplified in Examples 1

and 2 below:

As described herein (see Example 1 below), the inventors have now discovered a

polypeptide fragment of GIP that is a specific GIP receptor antagonist. While the 30-amino

(SEQ ID NO:1 and SEQ ID NO:7)

acid N-terminal fragment [GIP (1-30)-NH₂] was as effective in stimulating cAMP increase

through GIP receptors as the parent hormone, a fragment missing the most N-terminal six

(SEQ ID NO:2 and SEQ ID NO:8)

5   amino acids [GIP (7-30)-NH₂] did not stimulate cAMP release in the same system. Thus, the

N-terminal hexamer appears to be important for functional GIP signaling. GIP fragments

missing the N-terminal 15 amino acids (e.g., GIP (16-30)-NH₂) did not mimic GIP, but neither

(SEQ ID NO:4)

(3

did they inhibit GIP-dependent effects. Thus, the segment from amino acids 7-15 appears to

(SEQ ID NO:5 and SEQ ID NO:10)

be especially important in signaling through the GIP receptor. Fragment GIP (16-30)-NH₂

10   was less effective as an antagonist, but retained some ability to affect GIP receptor activation,

as indicated by partial agonist activity. Thus, peptide antagonists would appear to require the

(SEQ ID NO:6)

segment from amino acids 7-9 of the GIP sequence, and some or all of the amino acids from

(SEQ ID NO:5 and SEQ ID NO:10)

10-30 or effective alternative amino acids thereto are likely to promote binding to the

receptor. It should therefore be understood by those of skill in this art that the present

15   invention contemplates any polypeptide sequence which effectively prevents GIP activation of

its native receptor, such as the sequence containing amino acids in positions 7-30 of the

(SEQ ID NO:2 and SEQ ID NO:8)

sequence of the GIP sequence and polypeptides based upon sequences containing amino acids

(SEQ ID NO:2 and SEQ ID NO:8)

in positions 7-30 of the sequence of the GIP that include additional, deleted or alternative

amino acids to form effective GIP polypeptide antagonist. Polypeptides based on this

20   sequence may be designed for use as GIP antagonists according to this invention by the skilled

artisan, who will routinely confirm that the resultant peptides exhibit antagonist function by

testing the peptides in *in vitro* and *in vivo* assays such as those described in Examples 1 and 3-

5 below.

Immunologic components specific for GIP or GIP receptors can be employed as GIP

25   antagonists. Such antagonists include with specific monoclonal antibodies (either naked or

conjugated to cytotoxic agents) or specific activated cytotoxic immune cells. Such antibodies

or immune cells may be generated as reagents outside the body, or may be generated inside the

body by vaccines which target GIP or GIP receptors.

Antibodies which are specifically reactive with GIP or the hormone binding domain of

30   GIP receptor, or antigenic recombinant peptide fragments of either of those proteins, may be

obtained in a number of ways which will be readily apparent to those skilled in the art. The

known sequences of GIP (see Takeda, et al. 1987, *Proc. Natl. Acad. Sci USA*, B84:7005-

7008, and Genbank Accession No. M18185), and GIP receptor (see Bonner, T.I., and Usdin, T.B., 1995, Genbank Accession No U39231) can be used in conjunction with standard recombinant DNA technology to produce the desired antigenic peptides in recombinant systems (see, e.g., Sanbrook et al.). Antigenic fragments of GIP or GIP receptor can be

5   injected into an animal as a immunogen to elicit polyclonal antibody production. Purification of the antibodies can be accomplished by selective binding from the serum, for instance by using cells transformed with DNA sequence encoding the respective proteins. The resultant polyclonal antisera may be used directly or may be purified by, for example, affinity absorption using recombinantly produced protein coupled to an insoluble support.

10   In another alternative, monoclonal antibodies specifically immunoreactive with either GIP or the hormone binding domain of GIP receptor may be prepared according to well known methods (See, e.g., Kohler and Milstein, 1976, *Eur. J. Immunol.*, 6:611), using the proteins or antigenic fragments described above as immunogen(s), using them for selection or using them for both functions. These and other methods for preparing antibodies or immune cells that are

15   specifically immunoreactive with GIP or GIP receptor are easily within the skill of the ordinary worker in the art.

Immunogenic compositions according to this invention for use in active immunotherapy include recombinant antigenic fragments of GIP or GIP receptor prepared as described above and expression vectors (particularly recombinant viral vectors) which express antigenic fragments of

20   GIP or GIP receptor. Such expression vectors can be prepared as described in Baschang, et al., U.S. Patent No. 4,446,128, incorporated herein by reference, or Axel, et al., Pastan, et al., or Davis, et al., using the known sequences of GIP or GIP receptor.

Still another GIP antagonist according to this invention is an expression vector containing an antisense sequence corresponding to all or part of an mRNA sequence encoding GIP or GIP

25   receptor, inserted in opposite orientation into the vector after a promoter. As a result, the inserted DNA will be transcribed to produce an RNA which is complementary to and capable of binding or hybridizing to the mRNA. Upon binding to the GIP or GIP receptor mRNA, translation of the mRNA is prevented, and consequently the protein coded for by the mRNA is not produced. Suitable antisense sequences can be readily selected by the skilled artisan from the

30   sequences of GIP or GIP receptor cited above. Production and use of antisense expression vectors is described in more detail in U.S. Patent 5,107,065 and U.S. Patent 5,190,931, both of which are incorporated herein by reference.

Alternative materials within the contemplation of the skilled artisan which function as antagonists of GIP in the procedures described in Examples 1 and 3-5 below may also be used in the therapeutic methods according to this invention.

5   **Therapeutic use of GIP antagonists**

GIP (7-30)-NH$_2$ (SEQ ID NO: 2 and SEQ ID NO: 8) acts as a receptor antagonist of GIP, but also improves glucose tolerance contrary to the expected consequence of blocking GIP-dependent insulin secretion. In addition, a GIP receptor antagonist in accordance with the present invention inhibits, blocks or reduces glucose absorption from the intestine of an animal. In accordance with this observation,

10   therapeutic compositions containing GIP antagonists may be used in patients with noninsulin dependent diabetes mellitus (NIDDM) to improve tolerance to oral glucose or in animals, such as humans, to prevent, inhibit or reduce obesity by inhibiting, blocking or reducing glucose absorption from the intestine of the animal, as demonstrated herein.

Therapeutic compositions according to this invention are preferably formulated in pharmaceutical compositions containing one or more GIP antagonists and a pharmaceutically

15   acceptable carrier. The pharmaceutical composition may contain other components so long as the other components do not reduce the effectiveness of the GIP antagonist according to this invention so much that the therapy is negated. Examples of such components include sweetening, flavoring, coloring, dispersing, disintegrating, binding, granulating, suspending, wetting,

20   preservative and demulcent agents and the like. Pharmaceutically acceptable carriers are well known, and one skilled in the pharmaceutical art can easily select carriers suitable for particular routes for administration (Remington's Pharmaceutical Sciences, Mack Publishing Co., Easton, PA, 1985).

Also in accordance with the present invention, the GIP receptor antagonist of the present

25   invention may be lyophilized using standard techniques known to those in this art. The lyophilized GIP receptor antagonists may then be reconstituted with, for example, suitable diluents such as normal saline, sterile water, glacial acetic acid, sodium acetate, combinations thereof and the like. The reconstituted GIP receptor antagonists in accordance with the present invention may be administered parenterally or orally and may further include preservatives or other acceptable inert

30   components as mentioned hereinbefore.

The pharmaceutical compositions containing any of the GIP antagonists according to this invention may be administered by parenteral (subcutaneously, intramuscularly, intravenously,

intraperitoneally, intrapleurally, intravesicularly or intrathecally; topical, oral, rectal, or nasal route, as necessitated by choice of drug and disease. The dose used in a particular formulation or application will be determined by the requirements of the particular state of disease and the constraints imposed by the characteristics of capacities of the carrier materials. The concentrations of the active agent in pharmaceutically acceptable carriers may range from 0.1nM to 100μM. The compositions described above may be combined or used together or in coordination with another therapeutic substance.

Dose will depend on a variety of factors, including the therapeutic index of the drugs, disease type, patient age, patient weight, and tolerance of toxicity. Dose will generally be chosen to achieve serum concentrations fro about 0.1 μg/ml to about 100 μg/ml. Preferably, initial dose levels will be selected based on their ability to achieve ambient concentrations shown to be effective in in-vitro models, such as that used to determine therapeutic index, and in-vivo models and in clinical trials, up to maximum tolerated levels. Standard clinical procedure prefers that chemotherapy be tailored to the individual patient and the sytemic concentration of the chemotherapeutic agent be monitored regularly. The dose of a particular patient can be determined by the skilled clinician using standard pharmacological approaches in view of the above factors. The response to treatment may be monitored by analysis of blood or body fluid levels of the glucose or GIP or GIP antagonist according to this invention, measurement of activity if the antagonist or its levels in relevant tissues or monitoring disease state of the patient. The skilled clinician will adjust the dose based on the response to treatment revealed by these measurements.

One approach to therapy of NIDDM is to introduce vector expressing antisense sequences to block expression of GIP and/or GIP receptor. In one embodiment of this invention, a method is provided which comprises obtaining a DNA expression vector containing a cDNA sequence having the sequence of human GIP or GIP receptor mRNA which is operably linked to a promoter such that it will be expressed in antisense orientation, and transforming cells which express GIP or GIP receptor, respectively, with the DNA vector. The expression vector material is generally produced by culture of recombinant or transfected cells and formulated in a pharmacologically acceptable solution or suspension, which is usually a physiologically-compatible aqueous solution, or in coated tablets, tablets, capsules, suppositories, inhalation aerosols, or ampules, as described in the art, for example in U.S. Patent 4,446,128, incorporated herein by reference.

The vector-containing composition is administered to a mammal exhibiting NIDDM in an amount sufficient to transect a substantial portion of the target cells of the mammal. Administration may be any suitable route, including oral, rectal, intranasal or by intravesicular (e.g. bladder) instillation or injection where injection may be, for example, transdermal, subcutaneous, intramuscular in intravenous. Preferably, the expression vector is administered to the mammal so that the target cells of the mammal are preferentially transfected. Determination of the amount to be administered will involve consideration of infectivity of the vector, transection efficiency *in vitro,* immune response of the patient, etc. A typical initial dose for administration would be 10-1000 micrograms when administered intravenously, intramuscularly, subcutaneously, intravesicularly, or in inhalation aerosol, 100 to 1000 micrograms by mouth, 10^5 to 10^{10} plaque forming units of a recombinant vector, although this amount may be adjusted by a clinician doing the administration as commonly occurs in the administration of other pharmacological agents. A single administration may usually be sufficient to produce a therapeutic effect, but multiple administrations may be necessary to assure continued response over a substantial period of time.

Further description of suitable methods of formulation and administration according to this invention may be found in U.S. Patents 4,592,002 and 4,920,209, which are incorporated herein by reference in their entireties.

The present invention also contemplates the use of the GIP antagonists and/or its properties to develop nonpeptide compounds which exhibit antagonist properties similar to the GIP polypeptide antagonists as herein described using techniques known those versed in the pharmaceutical industry.

Examples

In order to facilitate a more complete understanding of the invention, a number of Examples are provided below. However, the scope of the invention is not limited to specific embodiments disclosed in these Examples, which are for purposes of illustration only.

Example 1

Effects of Various Peptide Fragments on cAMP Production

To define the biologically active region of GIP, the effects of several peptide fragments of GIP on stimulating cAMP-dependent β-galactosidase production in LGIPR2 cells were

examined. LGIPR2 cells are stably transfected with a cAMP-dependent promoter from the VIP gene fused to the bacterial *lac Z* gene. When intracellular cAMP increases within these cells, *lac Z* gene transcription is activated, resulting in the accumulation of its product, β-galactosidase. The measurement of β-galactosidase in this system provided a convenient, inexpensive, and nonradioactive method for detecting changes in the levels of intracellular cAMP.

LGIPR2 cells were grown in Dulbecco's Modified Eagle's Medium (DMEM) containing 4.5 g/L of glucose and 10% fetal calf serum. For each assay, 10^5 cells/well were seeded onto 24-well plates. After incubation overnight, peptides were added in various concentrations to the wells in the absence of 3-isobutyl-methylxanthine (IBMX) for 4 h, at which time maximal stimulation of β-galactosidase was determined. The medium was then removed and wells rinsed once with phosphate-buffered saline (PBS). The plates were then blotted briefly and frozen overnight at -70°C, and, after the addition of chlorophenol red-β-D-galactopyranoside, accumulated β-galactosidase was detected using a colorimetric assay, as described previously (Usdin, et al., 1993, *Endocrinology*, **133**:2861-2870). (SEQ ID NO:12)

Preliminary studies using LGIPR2 cells demonstrated that GIP(1-42), stimulated β-galactosidase production in a concentration-dependent manner, with the maximum effect observed (SEQ ID NO:(4) 13) at 4 h with 10^{-8} M. Various peptide fragments of GIP, including GIP(21-30)NH$_2$, GIP (16-30)-(SEQ ID NO: 4) (SEQ ID NO: 7)(SEQ ID NO: 14) NH$_2$, GIP (7-30)-NH$_2$, GIP (1-30)-NH$_2$, GIP (10-30)-NH$_2$, and GIP (31-44), were synthesized (SEQ ID NO: 8) (SEQ ID NO:10) at the Biopolymer Laboratory, Harvard Medical School, based on previously published rat GIP cDNA sequence (Tseng, et al., 1993, *Proc. Natl. Acad. Sci.* USA, **90**:1992-1996). LGIPR2 cells were incubated in the presence of 10^{-8} M GIP or different GIP fragments for 4 h, and β-galactosidase was measured as described herein and expressed in optical density (O.D.) units. Figure 1A and 1B show cyclic AMP-dependent β-galactosidase generation in LGIPR2 cells in response to incubation with different fragments of GIP. Values are expressed as the mean ± SE of quadruplicate measurements (*p <0.01, compared to control). (SEQ ID NO : 7)

As demonstrated in Figure 1A, 10^{-8} M GIP (1-30)-NH$_2$ stimulated β-galactosidase production to a similar degree, while none of the other peptide fragments tested, including GIP (SEQ ID NO: 8)(SEQ ID NO: 4) (SEQ ID NO:14) (7-30)-NH$_2$, GIP (16-30)-NH$_2$, GIP (21-30)-NH$_2$, and GIP (31-44), stimulated β-galactosidase (SEQ ID NO:(4) 13) generation above control levels. Furthermore, no changes in cAMP-dependent-β-galactosidase levels were detected when LGIPR2 cells were incubated in the presence of higher concentrations of the smaller peptide fragments.

To examine whether any of these fragments might serve as an antagonist to GIP, LGIPR2 cells were incubated with 10^{-8} M GIP (1-42) *(SEQ ID NO: 12)* and one of the peptide fragments at two different concentrations (10^{-8} M or 10^{-6} M) for 4 h. LGIPR2 cells were cultured in the presence of 10^{-8} M GIP and various concentrations of ANTGIP, as depicted on the horizontal axis if Figure 2. Values are expressed as the mean ± SE of quadruplicate measurements. Only GIP (7-30)-NH$_2$ (ANTGIP) *(SEQ ID NO: 8)* was found to attenuate the cAMP stimulatory effects exhibited by GIP (1-42) *(SEQ ID NO: 12)*; the inhibition was concentration-dependent, with half-maximal inhibition occurring at 10^{-7} M (Figure 2). *(SEQ ID NO: 10)*

Figure 1B shows that peptide GIP (10-30)-NH$_2$ *(SEQ ID NO: 10)* is an antagonist, albeit a weak one, as demonstrated by the reduction in GIP-stimulated β-gal levels when GIP (10-30)-NH$_2$ *(SEQ ID NO: 10)* is present with GIP (1-42) *(SEQ ID NO: 12)* compared to GIP (1-42) *(SEQ ID NO: 12)* alone. On the other hand, GIP (10-30)-NH$_2$ *(SEQ ID NO: 10)* also has agonist properties, as demonstrated by β-gal level of 0.39 O.D. ±0.03 stimulated by GIP (10-30)-NH$_2$ *(SEQ ID NO: 10)* alone, compared to 0.95 ± 0.04 for GIP (1-42) *(SEQ ID NO: 12)*.

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Example 2

Receptor Binding Studies

Binding studies were performed in either LGIPR2 or βTC3 cells to determine the relative affinities of GIP, ANTGIP, and GLP-1 for both GIP and GLP-1 receptors. GLP(7-37) and porcine GIP (5 μg each) were iodinated by the chloramine-T method and were purified using C-18 cartridges (Sep-Pak®, Millipore, Milford, MA) using an acetonitrile gradient of 30-45%. The specific activity of radiolabeled peptides was 10-50 μCi/mg (Hunter, et al., 1962, *Nature*, **194**:495-498; Kieffer, et al., 1993, *Can. J. Physiol. Pharmacol.*, 71:917-922). Aliquots were lyophilized and reconstituted in assay buffer at 4°C to a concentration of 3 x 10^5 cpm/1 00 μl. Binding studies was performed in desegrated LGIPR2 or βTC2 cells, the latter a generous gift from Dr. S. Efrat (Diabetes Center, Albert Einstein College of Medicine, New York). The βTC2 cell line originally arose in a lineage of transgenic mice expressing an insulin promoted, SV40 T-antigen hybrid oncogene in pancreatic β-cells (Efrat, et al., 1988, *Proc. Natl. Acad. Sci. U.S.A.*, **85**:9037-9041) and has previously been demonstrated to be responsive to both GIP and GLP (Kieffer, et al., 1993, *Can. J. Physiol. Pharmacol.*, 71:917-922). The receptor binding buffer contained 138 mM NaCl, 5.6 mM KCl, 1.2 mM $MgCl_2$, 2.6 mM $CaCl_2$, 10 mM Hepes, 10 mM glucose, and 1% bovine serum albumin (BSA, fraction V, protease free, Sigma). For binding assays, LGIPR2 (GIP binding) or βTC3 (GLP-1 binding) cells were cultured in DMEM containing 4.5 g/L of glucose and 10% fetal bovine serum until 70% confluent. Cells were washed once with PBS and then harvested with PBS-EDTA solution. βTC3 cells were then suspended in assay buffer at a density of 2×10^6 cells/ml, and LGIPR2 cells were used at a density of 2.5×10^5 cells/ml. Binding was performed at room temperature in the presence of 3 x 10^5 cpm/ml of [^{125}I]- GIP and -GLP. Nonsaturable binding was determined by the amount of radioactivity associated with cells when incubated in the presence of unlabeled 10^{-6} M GIP, GLP, or 10^{-4} M ANTGIP. Specific binding was defined as the difference between counts in the absence and presence of unlabeled peptide. GIP binding was examined using LGIRP2 cells, and GLP-1 binding was assessed using βTC3 cells, and the results are shown in Figure 3. Values are expressed as a percentage of maximum specific binding and are the mean ± SE, with assays performed in duplicate.

GIP and ANTGIP displaced the binding of [^{125}I]GIP to LGIPR2 cells in a concentration-dependent manner (Fig. 3), with an IC_{50} of 7 nM for GIP (n=5) and 200 nM for ANTGIP (n=4).

Binding of [^{125}I]GLP-1 to its βTC3 cell receptor was displaced fully by GLP-1, but negligibly by ANTGIP, with an IC$_{50}$ of 4 nM and 80 μM, respectively (n=7; Fig. 3).
(SEQ ID NO: 8)

Example 3

Intravenous Infusion of Peptides in Fasting Anesthetized Rats

Adult male Sprague-Dawley rats (250-350 g) were purchased from Charles River Co. (Kingston, MA). For infusion studies, rats were fasted overnight and then anesthetized using intraperitoneal sodium pentobarbital. The right jugular vein was cannulated with silicon polymer tubing (0.025 in I.D., 0.047 in O.D., Dow Corning Corporation, Midland, MI), as described by Xu and Melethil (21). The tubing was then connected to an infusion pump (Harvard Apparatus Co., Inc., Millis, MA), and freshly made 0.9% NaCl, 5% glucose, arginine, GIP, or GLP-1 (peptides and arginine dissolved in 0.9% NaCl) was infused at a rate of 0.1 ml/min. Blood (0.5 ml each) was obtained at 0, 10, 20, and 30 min by translumbar vena cava puncture, as described by Winsett *et al.* (1985, *Am. J. Physiol.*, **249**:G145-146), and samples were centrifuged at 2,000 g for 10 min. Serum samples were separated and stored at -20°C until assayed for insulin using a radioimmunoassay kit (ICN Biochemicals, Costa Mesa, CA), and glucose, using a One Touch IIβ glucose meter (Lifescan, INS., Milpitas, CA).

To examine the insulinotropic effect of GIP *in vivo*, fasted anesthetized rats were perfused continuously with three different concentrations of GIP (0.5, 1.0, and 1.5 nmol/kg) at a rate of 0.1 ml/min for 30 min (10^{-8} M equivalent to 1 nmol/kg/30 min). Significant increases in plasma insulin levels were first detected at 15 min, and after completion of the GIP infusion, insulin levels were elevated with all three GIP concentrations (43.5 ± 2.7, 61.6 ± 4.2, and 72.4 ± 3.5 μIU/ml, respectively) compared to control (32.2 ± 3.3 μIU/m, p<0.05, Fig. 4). The concomitant (SEQ ID NO: 8) administration of ANTGIP (100 nmol/kg) completely abolished the insulinotropic properties of GIP (1.5 nmol/kg), with plasma insulin returning to control values (Fig. 4). GIP was infused at 0.5, 1.0, and 1.5 nmol/kg, with the largest insulin stimulatory response seen with 1.5 nmol/kg. (SEQ ID NO: 8) ANTGIP (100 nmol/kg) administered concomitantly with GIP 1.5 nmol/kg completely abolished (SEQ ID NO: 8) its insulinotropic effect, whereas ANTGIP and 0.9% NaCl infusion had no effect on insulin secretion (n=6 for each group, *p <0.05, compared with basal levels). (SEQ ID NO: 8)

To examine whether ANTGIP exerted a nonspecific effect on β-cell function, GLP-1 (0.4 nmol/kg), glucose (0.8 g/kg), or arginine (375 mg/kg) was infused, in the presence or absence of

the antagonist for 30 min, as described by Wang et al. (13). Figure 5 shows plasma insulin concentrations (± SE) in fasted anesthetized rats after a 30-min infusion of GLP-1 (0.4 nmol/kg), glucose (0.8 g/kg), or arginine (375 mg/kg) with (open bars) or without (solid bars) ANTGIP (SEQ ID NO: 8) (100 nmol per kg) (n=6 for each group, *p <0.05, compared with basal levels). GLP-1, glucose, and arginine alone each significantly increased insulin levels after 15 min of infusion, and by 30 min, the insulin levels in GLP-1-, glucose-, and arginine-infused rats were 50.3 ± 3.7, 63.1 ± 2.5, 69.7 ± 5.8 μIU/ml respectively (p < 0.01, compared with control rats, 29.1 ± 2.9 μIU/ml, Fig. 5). No significant change in the insulin response was detected when ANTGIP was administered (SEQ ID NO: 8) concomitantly (Fig. 5).

Example 4

Insulinotropic Effect of GIP in Trained Conscious Fed Rats

Postprandial plasma insulin and serum glucose levels were studied in conscious trained rats. Previous reports have indicated that the stress response to injection in untrained rats might alter their feeding and subsequently glucose and insulin levels (13). To avoid such a response, rats were trained for 10 d before experimentation. They were fasted from 17:00 to 08:00, and 0.9% NaCl (0.3ml) was injected subcutaneously at 08:00 before feeding. After the injection of 0.9% NaCl, animals were given rat chow for 30 min, after which it was removed. At the end of ten days, the rats were accustomed to the injection and ate quickly (consuming 4-6g of rat chow within 30 min).

On the day of the experiment, after fasting from 17:00 the night before, trained rats were injected subcutaneously at 08:00 with 0.3 ml of either 0.9% NaCl or ANTGIP (100 nmol/kg). (SEQ ID NO: 8) This dose was chosen to approximately the amount of peptide used in the anesthetized animal studies of Example 3. After injection, six of the fasted control rats were killed to obtain baseline serum glucose and insulin levels. ANTGIP- or 0.9% NaCl-treated rats (n=6 in each group) were (SEQ ID NO: 8) exposed to chow for 30 min, after which food was withdrawn. Rats were then anesthetized by intraperitoneal sodium pentobarbital, and blood was collected by translumber vena cava puncture at 20 and 40 min for the subsequent measurement of plasma insulin, glucose, and GLP-1.

Figure 6 shows postprandial plasma insulin and serum glucose levels (±SE) in conscious trained rats (* p < 0.01 compared to ANTGIP injection). (SEQ ID NO: 8) In response to consuming chow, serum glucose and plasma insulin levels increased significantly, with insulin levels of 38.7 ± 5.3 and 58.9

± 3.7 μIU/ml at 20 and 40 min, respectively (p < 0.05, Fig. 6A). These increases in plasma insulin level were nearly abolished by ANTGIP pretreatment; at 20 and 40 min, the plasma insulin concentrations were 25.3 ± 4.7 and 27.1 ± 2.6 μIU/ml, respectively (p < 0.01). Postprandial serum glucose concentrations were similar in both saline- and ANTGIP-treated rats (Fig. 6B).

5 To determine whether the effects of the GIP receptor antagonist were mediated through changes in GLP-1 release into the circulation, postprandial serum GLP-1 levels were measured in both control and ANTGIP-treated animals. Meal-stimulated serum GLP-1 concentrations were not affected by ANTGIP administration. Following the ingestion of rat chow, serum GLP-1 levels at 20 min were 280±20 and 290±10 pg/ml in control and ANTGIP-treated rats, respectively; at

10 40 min, serum GLP-1 concentrations were 320±10 and 330±20 pg/mgl, respectively.

Example 5

Effect of ANTGIP on Glucose Tolerance and Plasma Insulin Levels

Oral glucose tolerance tests were performed on rats injected intraperitoneally with

15 ANTGIP (300 ng/kg) or 0.9% saline solution. After the intraperitoneal injection of 0.9% NaCl or ANTGIP, an oral glucose tolerance test was performed. The test was done by administering a 40% glucose solution by oral gavage at a dose of 1 g per kg. The volume administered to each rat was approximately 0.5 ml. Blood was obtained at various time points for subsequent

20 measurement of plasma insulin and glucose levels.

As expected in view of the experiment in Example 4, rats treated with ANTGIP showed reduced the plasma insulin levels (Figure 7). Surprisingly, plasma glucose was diminished at all time points in rats treated with ANTGIP, compared to control rats (Figure 8). Thus, ANTGIP increases glucose tolerance, despite its negative effect on the insulinotropic response to GIP

25 shown in Examples 3 and 4.

Example 6

Effect of GIP Receptor Antagonist on Intestinal Glucose Absorption

30 Male Sprague-Dawley rats weighing about 200-250 g are fasted overnight and anesthetized using intraperitoneal urethane (about 1.25 g per kg body weight). After midline laparotomy, an about 30-cm segment of jejunum, starting at about 5 cm distal to the ligament of

Treitz, is isolated and flushed with approximately 20 ml of about 0.9% NaCl. The jejunal test

segments are each perfused twice, initially with control buffer and then once again with control

buffer or with the test solution. The test solution consists of Krebs-Ringer-bicarbonate buffer

containing about 5 mmol/L [^{14}C]D-glucose, and ^{3}H-labeled polyethylene glycol is included in the

5   luminal perfusate to correct for fluid movement. The test or control solution is perfused through

the jejunal segment without recirculation at a flow rate of about 1.6 ml/min, using a Harvard PHD

2000 syringe pump (Harvard Apparatus, Millis, MA). The effluent from the luminal segment is

collected at about 5-min intervals for about 30 min. After the initial period of perfusion, the

luminal contents in the jejunum are flushed with about 20 ml of about 0.9% NaCl prior to the

10   initiation of the second period of perfusion. In all experiments, animals are administered either

(SEQ ID NO: 8)

about 0.9% NaCl (control) or ANTGIP (10 nmol/kg body weight) though the inferior vena cava

by single injection at about time 0 min.

(SEQ ID NO: 8)

The enclosed Figure 9 depicts the effects of the GIP receptor antagonist, ANTGIP, on the

absorption of free D-glucose from the lumen of the jejunal test segment. Data points are believed

to represent the rate of glucose disappearance from the luminal perfusate corrected for fluid

15   movement. Results are expressed as the mean ±SE of five experiments. Statistical significance

(SEQ ID NO: 8)

(*) is assigned if P < 0.05. As seen in the figure, a ANTGIP is believed to significantly reduce

the absorption of D-glucose from the jejunal test segment throughout the entire 30-mini period

of perfusion. Thus, it is believed that one of the mechanisms by which GIP receptor antagonism

20   may improve glucose tolerance is by decreasing intestinal glucose absorption.

For purposes of clarity of understanding, the foregoing invention has been described in

some detail by way of illustration and example in conjunction with specific embodiments, although

other aspects, advantages and modifications will be apparent to those skilled in the art to which

the invention pertains. The foregoing description and examples are intended to illustrate, but not

25   limit the scope of the invention. Modifications of the above-described modes for carrying out the

invention that are apparent to persons of skill in medicine, molecular biology, pharmacology,

and/or related fields are intended to be within the scope of the invention, which is limited only by

the appended claims.

All publications and patent applications mentioned in this specification are indicative of

30   the level of skill of those skilled in the art to which this invention pertains. All publications and

patent applications are herein incorporated by reference in their entireties to the same extent as

if each individual publication or patent application was specifically and individually indicated to be incorporated by reference.

Having describe our invention, we claim: